



The Leg Lift is a ground level activity that provides a challenging, yet fun way for children to build core muscle strength.

FEATURES AND BENEFITS

- Increases physical strength, balance, and coordination
- Promotes physical activity and upper body strength
- Offers an opportunity to develop gross motor skills

METAL COLORS



WHOLE CHILD BENEFITS



PHYSICAL
Gross Motor, Fine Motor



SOCIAL-EMOTIONAL
Interaction, Cooperation, Self-Confidence,
Sense of Community